



Panaga Outpost Pages
Seria, Brunei Darussalam

november
deceember

Highlights:

- › Outpost attends Her Majesty's Birthday Celebrations
- › Snapshots from October events

in the November/December 2018 issue:

Welcome to Outpost	2	Brunei Public Calendar 2018	13
Outpost Vacancy	3	Community Calendar	14
Celebrating Her Majesty	4-5	Upcoming Event	15-17
Pet Page	6	Emergency Numbers	18
Snapshots	7-9	Panaga Health Centre	19
Notice Board	10-11	Outpost Team Seria 2018	20
Language Classes	12		

contact us at: outpostbrunei@shell.com



Welcome to Outpost

About Outpost Brunei-Seria

Outpost is an information hub for expatriate families in all stages of their posting.

We provide services such as:

- › Meet and Greet for Newcomers
- › Networking Events including information mornings and boat trips
- › Workshops such as CV Writing, First Aid, How to prepare your move, Wildlife in Panaga, Third culture kids
- › Weekly conversational English, Spanish and Malay classes

...and much more.

Don't forget to check our Facebook page –Outpost Seria, Brunei– for up to date information.

Hello again,

Welcome to the 2018 year end edition of POP.

At Outpost Brunei Seria, we have been busy receiving and sending off a number of families. In Q3/4, about 65 families have left Brunei and we have welcomed about 42 new arrivals. We were glad to organise an Information Coffee morning with our newcomers on 19th Oct 2018, and the session went exceptionally well, with a lot of essential information shared.



Celyn Lim
Focal Point

The monsoon season has started in this part of the world. Those who are new to this region should be aware that flash floods and uprooted trees can happen. Do pay attention to the weather and take additional care of your property. For example, avoid parking under trees and equip your car with a small hammer to clear a window in case it gets broken by falling debris. Should you need more information of this kind, please do not hesitate to connect with us at outpostbrunei@shell.com or come to the Outpost office at Apartment 80 during our office hours.

There will be an appreciation session held in December to thank all contributors to Outpost and to welcome our new Outpost team members. We are still recruiting new members to join Outpost, so if you are interested, please do not hesitate to contact me or my team.

Lastly, we encourage POP readers to send in articles about your holiday experiences, so we can share them within the Panaga expatriate community and provide ideas for holiday destinations in the future

Celyn Lim
Outpost Brunei-Seria Focal Point

Contact us:

Tel: +673 337 4927

Email: outpostbrunei@shell.com

URL: <http://seria.globaloutpostservices.com>

or: www.panagaclub.com/outpost

Facebook Group: Outpost Seria, Brunei

Or come visit!

Opening Hours:

Monday to Friday, 9 - 11am

Please note: Each Tuesday the office will be open for courses only.

Address:

Outpost Brunei - Seria
F12 Lapanpuluh A1
Panaga KB 3534



Outpost Vacancy

Join our team!

We are looking for new members for Outpost Brunei-Seria!

If you are an organized and positive individual looking to join our enthusiastic and welcoming team, please do not hesitate to get in touch with us. A background in HR is a plus, but everyone interested is encouraged to apply!

We are currently looking to fill the following positions:

**Career and Development Advisor
Special Project Coordinator
General Member**

To apply, visit the Outpost Office inside the Lapanpuluh Apartment complex or email us at outpostbrunei@shell.com.



Celebrating Her Majesty

Celebration of Her Majesty's Birthday

November 9th

by Yinka Idowu

All hail her Majesty!

On Friday the 9th of November, the Outpost team had a rare opportunity to meet with Her Majesty, Duli Raja Isteri Pengiran Anak Hajah Saleha binti Al-Marhum Pengiran Pemancha Pengiran Anak Haji Mohamed Alam, at an event hosted by the Council of Women of Brunei Darussalam (CWBD).

The event was held at the Serambi Suluh of the Brunei Arts and Handicraft Training Centre in the Jalan Residency, Bandar Seri Begawan, to commemorate Her Majesty's birthday.

It was well attended by ladies from different nationalities wearing their various traditional attire representing their countries. Most of the attendees were in colourful uniforms representing their various groups and organizations. Amongst the group were ladies in blue silk representing the BSP staff.

There were expat ladies representing the Indian, Malaysian, Nigerian, and other communities. The ladies were noticed as they came in style in beautiful headdress and diverse traditional wear.

Shortly after everyone had gathered Her Majesty arrived in a quiet, humble manner. Her daughters, Her Royal Highness Paduka Seri Pengiran Anak Isteri Pengiran Anak Sarah binti Pengiran Haji Salleh Ab Rahaman; Yang Amat Mulia Pengiran Bini Hajah Faizah binti Dato Haji Nasir; Her Royal Highness



Celebrating Her Majesty



Princess Hajah Rashidah Sa'adatul Bolkiah; Her Royal Highness Princess Hajah Majeedah Nuurul Bolkiah; Her Royal Highness Princess Hajah Hafizah Sururul Bolkiah; and Her Royal Highness Princess Hajah Masna, filed in after her with pristine smiles that lit up the atmosphere.

After their entrance, the event started with prayers and then a presentation of gift made by Ceri Powell, MD, BSP.

After Her Majesty cut her birthday cake, there was a light lunch served. We all had a hand shake and brief chat with her Majesty as we filed in to greet all the royals.

This is a very wonderful experience for me in particular as I was struck with the ambience of the event and humility of Her Majesty.



Pet Page

PET RE-HOMING,

We understand that it is difficult to re-home your beloved pet(s) when you have to leave Brunei. Please contact outpostbrunei@shell.com with your pet posting and we will help you advertise your pet.

Pippa is available for adoption

Pippa is a 1-year-old female, spayed, wormed and fully vaccinated local dog. She was rescued as a puppy and has lived in a family home since a few weeks old. She is very protective of her family and amah and would make a great watch dog. She is skittish around traffic but walks very well on the beach and loves hanging out with other dogs. She is very excitable around small children so a home with bigger children would be more suitable.

Please contact Ailsa at 673-893-9650



Snapshots

Newcomer Information Morning

October 17th

Thank you all who showed up, and once again - welcome to Brunei!



Snapshots

Kids' Yoga & Storytelling at the Beach Shelter

October 30th

By Adriana Ferrari

'Titti' started as a story I created for a practicum yoga sequence for my Yoga for Kids certification. My instructor suggested I create my own story rather than using a published book. I am glad I listened and decided to accept the challenge. When the practice session was over, a good friend and yoga instructor mentioned, 'You should write a book!' And so I did!

Before the story was fully written I found a wonderful illustrator, Annika, who took part in the creative process, helping with details in the story as well as with the background in which our characters would interact. It was a fun process, but we never thought it was going to take so much time to accomplish. I asked my friend Matt to read the story before sending it to the press and he, along with his wife Sophia, edited my draft into a beautifully written book. The illustrator combined her creativity and professionalism with a touch of children's arts. A photographer - Juls - also supported the project with her photographic eye while a child practiced the yoga sequence proposed in the book.

We finally printed a few copies for the community using local resources, and we presented the book to the community with a storytelling yoga session. Thanks to the Panaga Yoga section; my Yoga for Kids instructor, Laura; the editors; and especially the illustrator; 'Titti', our curious bug, came to life to find her super power!



Snapshots

Halloween Trick or Treat

November 3rd

Thank you to the American Club for organizing!



Photographs by: Dewi Kartika

Notice Board

Stray and Unsupervised Pets in the Residential Areas

Bulletin – 8th May 2013

To : All Residents in Company Housing
From: HRF via Web Bulletin

We are receiving increasing reports around the prevalence of stray and unsupervised pets, mainly dogs, within the Company's residential areas. While we recognise the need for occupants to own and keep pets, such rights should not be at the expense of the safety and convenience of others, particularly as the breach runs counter to the Occupancy Agreement for the use of company housing that all residents have signed.

For emphasis, the relevant portion of the agreement states that:

"... Pets should be kept under control and not be allowed to cause a nuisance to neighbors."

Accordingly, in the interest of safety, the following regulations and measures will be enforced:

1. All pet owners should ensure that their pets are duly vaccinated.
2. Appropriate traps shall be set around the camp to catch stray and unsupervised pets.
3. Pet owners shall be held liable for any harm that such pets may cause other person(s), which includes, but is not limited to, paying all costs associated with any attacks (treatment, medication, etc.)
4. Appropriate consequence management may be applied in any case of reported pet harassments.

All pet owners who are on final departure and are leaving such pets behind are reminded to ensure that new homes are secured for them (the pets) before their final departure date. In the absence of this, HML/42 should be contacted for further advice.

It is important to note that the Law of Brunei includes a requirement that all dogs are also to be collared with label or badge. A penalty/ fine of \$250 becomes applicable to owners without such label or badge. In addition, any dog found at large without such label or badge may also be destroyed or impounded by (relevant) local authorities. Consequently, any dog owner in breach of this section is also liable to a fine of \$100 or in default imprisonment for 14 days.

On a general note and while we recognise the efforts of most housing occupants to promote and safeguard the interest of others, we solicit the co-operation of all others to comply with laid down regulations, particularly as it relates to this issue of stray and unsupervised pets.

Residents of Company housing are requested to bring this information to the attention of their spouse, children and amahs.

Hjh Ramlah Hj Bujang
HRF



Notice Board

Settling in Sessions

These informal information meetings are held every Wednesday morning from 9 am to 11 am at the Outpost office. They are designed to answer any questions regarding relocating to Brunei and settling into the community.



Volunteering in and around Brunei

Dear POP readers,
We would like to ask you to share your volunteering experiences in Brunei and the nearby countries: Where have you volunteered since moving here? How did you like it? Would you recommend it to other expats? Help your fellow expats find a good cause to support! Please send your replies to Outpost Seria at outpostbrunei@shell.com.

Be a Guest Speaker at Outpost

Do you want to share your experience of setting up an on-line business? Do you want to help other expats build a portable career? Do you want to inspire others to follow their passions? Be our guest speaker! Outpost is searching for guest speakers who could tell their stories of becoming an "expat-preneur"!

If you would like to be a guest speaker or know someone that would be interested in speaking with us, please contact outpostbrunei@shell.com.



Share your travel stories!

Outpost is looking for people who would be willing to share their unique and interesting travel stories. If you have visited an unusual destination or even taken part in an exciting activity in a well traveled place we would love to hear from you. Please email Outpost for further information on outpostbrunei@shell.com.



Language Classes

Language classes sponsored by Outpost

Held in the Outpost office,
Lapanpuluh 1 (A-B):

English

Hosted by Alvin

Day: Mondays
Time: 08:30 - 09:30 am

Malay

Hosted by Adriana

Beginner class:

Day: Tuesdays
Time: 8:30 - 9:30 am

Intermediate class:

Day: Tuesdays
Time: 9:30 - 10:30 am

Spanish

Hosted by Carla

Intermediate class:

Day: Wednesdays
Time: 8.15 - 9.15 am

Beginner class:

Day: Thursdays
Time: 8.15 - 9.15 am

Held in the Annex room
at Panaga Club:

English for Amahs

Hosted by Alvin

Day: Friday Evening
Time: 7:30 - 9:30 pm



Brunei Public Calendar 2018

Date	Weekday	Holiday Name	Holiday Type
Jan 1	Monday	New Year's Day	
Feb 16	Friday	Chinese New Year	1st day of lunar month
Feb 17	Saturday	Chinese New Year Holiday	
Feb 23	Friday	National Day	Independence from the UK in 1984
Feb 24	Saturday	National Day Holiday	
Apr 16	Monday In lieu of Sat 14th	Israk and Mikraj	The Prophet's Night Journey and Ascension
May 17*	Thursday	Ramadan begins	
May 31	Thursday	Royal Brunei Armed Forces Day	RBAF formed 1961
Jun 4*	Monday In lieu of Sat 2nd	Nuzul Al-Quraan	Revelation of the Quran
Jun 15*	Friday	Hari Raya Aidil Fitri	End of Ramadan
Jun 18-19*	Mon-Tuesday In lieu of Sat 16 - Sun 17th	Hari Raya Aidil Fitri	
Jul 16	Monday In lieu of Sat Sun 15th	H.M. Sultan's Birthday Holiday	Commemorates the birthday of Sultan Hassanal Bolkiah in 1946
Aug 22*	Wednesday	Hari Raya Aidil Adha	Festival of the Sacrifice
Sep 11	Tuesday	Al-Hijra	Islamic New Year 1440
Nov 20	Tuesday	Maulud	Prophet Muhammad SAW's Birthday
Dec 25	Tuesday	Christmas Day	

* date may vary due to the lunar calendar



Community Calendar

Community Calendar

Sunday, Nov 25th
Sunday, Dec 2nd

Cycle Path Clean-up
Santa's Grotto

Miri Event

Saturday, Nov 17th
Saturday, Nov 24th

Christmas Sale
Live Jazz Night

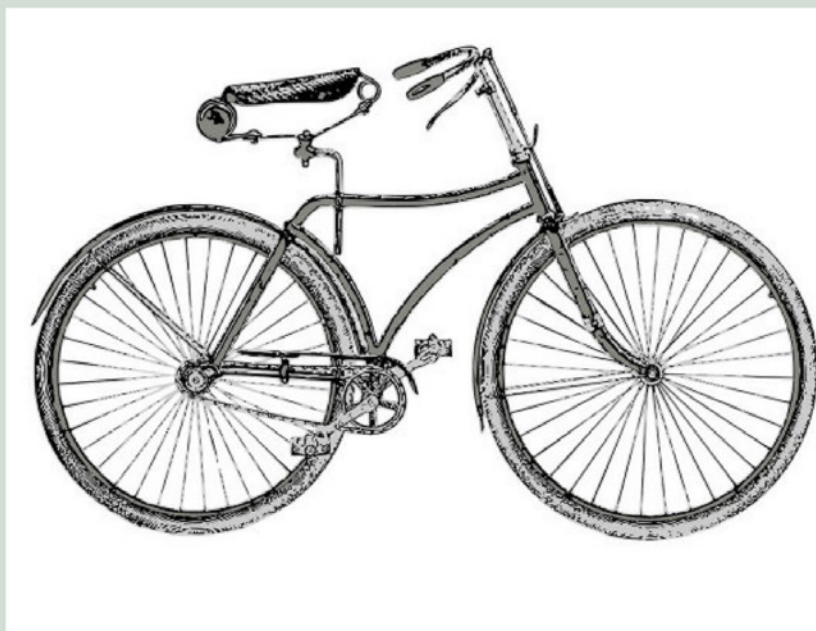
More information can be found
on the following pages and
on our Facebook page.



Upcoming Event



CYCLE PATH CLEAN UP



WHEN:

SUNDAY 25TH NOVEMBER
8-10AM

WHERE:

MEET AT PANAGA SCHOOL
RAMPAYOH MAIN ENTRANCE

WHAT:

LITTER PICKING ALONG BLUE BICYCLE
PATHWAY AND TIDY OF PANAGA AREA

FOR MORE INFO EMAIL:

THELASTSTRAWPANAGA@GMAIL.COM



@THELASTSTRAWPANAGA

Upcoming Event



Santa's Grotto
Sunday, 2nd December @ 49
Two Sessions: 10am–12pm and 2pm–4pm

Ticket price \$20
(includes gift from Santa, \$10 with no Santa)
Tickets go on sale Sunday, 4th November
Arts & Crafts • Entertainment • Carol Singing

for further information please email
santasgrottopanaga@gmail.com



Upcoming Event

Miri Event:



Emergency Numbers

Government Hot lines (24Hrs)

Ambulance:	991
Police:	993
Fire & Rescue:.....	995
Search & Rescue:	998

BSP Emergency Contact Numbers

BSP Emergency:	337 2999
BSP HQ Security (24Hrs):.....	337 4292
or	337 4296
BSP HSE Duty Security:	873 0905
or	872 1041

Medical & Health Services

Ambulance (24Hrs):	337 2200
PHC Reception (Office Hours):	337 2306
or	337 2709
Dental Clinic (Office Hours):	377 2540
Animal And Vector Control (24Hrs):.....	872 3006

Power & Amenities (24Hrs)

General Building /Civil /Cooker:	875 6953
Air Cond/Fridge:	871 0714
Electrical:	877 3832
Estate (Tree Cutting):	871 0492
Smoke Detector:	872 0547
External Sewerage:	873 0095

Housing and Services (24Hrs)

Housing:	873 3670
Camp Services:	874 2034



Panaga Health Centre

Panaga Health Centre Out Patient Department

Service hours

Monday to Thursday **7.00 am - 12.00 pm**
 1.00 pm - 4.00 pm

Friday **7.00 am - 12.00 pm**
 2.00 pm - 4.00 pm

Registration to see doctor

Monday to Thursday **7.00 am - 9.00 am**
 9.30 am - 11.00 am
 1.00 pm - 3.00 pm

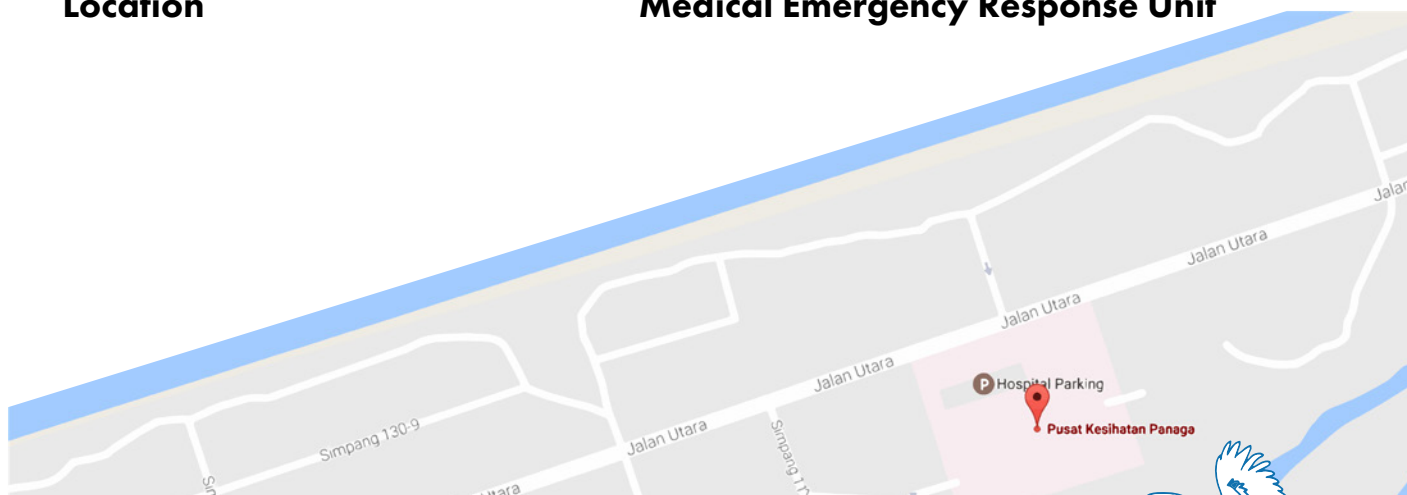
Friday **7.00 am - 11.30 am**
 2.00 pm - 3.30 pm

Extended Hours Clinic

Monday to Friday **7.30 pm to 8.30 pm**
Location **Medical Emergency Response Unit**

Saturdays **9.00 am to 10.00 am**
Location **Outpatient Clinic**

Sundays and public holidays **9.00 am to 10.00 am**
Location **Medical Emergency Response Unit**



Outpost Team Seria 2018



Celyn Lim
Focal Point



Thamine M. Kilbride
Public Relations



Olayinka Idowu
Treasurer



**Mas Azny Suhana
Mohamad**
Relocations Advisor



Wijnand Hoitinga
Secretary



Alvin Machia
Webmaster



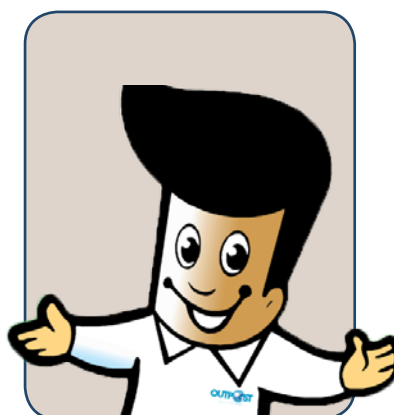
Annika Cederberg
POP Editor



Pratibha Prasad
Event Coordinator

photo
coming
soon

Rachel Laramie
General Member



Mr. Outpost
Online Promoter

