



Panaga Outpost Pages
Seria, Brunei Darussalam

april

Highlights:

- › Photos of the new and improved Lapanpuluh
- › Snap Shots from March
- › Outpost Vacancy
your chance to join our team!

in the April 2018 issue:

Welcome to Outpost	2	Brunei Public Calendar 2018	13
Meet & Greet Corner	3	April Calendar	14
Lapanpuluh Update	4-5	Upcoming Event	15-19
Outpost Vacancy	6	Emergency Numbers	20
Notice Board	7-8	Panaga Health Centre	21
Snap Shots	9-11	Outpost Team Seria 2018	22
Language Classes	12		

contact us on: outpostbrunei@shell.com



Welcome to Outpost

About Outpost Seria

Outpost is an information hub for expatriate families in all stages of their posting.

We provide services such as:

- › Meet and Greet for Newcomers
- › Networking Events including information mornings and boat trips
- › Workshops such as CV Writing, First Aid, How to prepare your move, Wildlife in Panaga, Third culture kids
- › Weekly conversational English, Spanish and Malay classes

...and much more.

Don't forget to check our Facebook page –Outpost Seria, Brunei– for up to date information.

Dear Panaga Inhabitants

I hope you all had a great break.

In this month's edition we are highlighting important events happening in the community, including the "Progressive Dinner" organized by the Brunei by Brits, the Dutch Night in the theme of "Royal Jungle" with events dedicated to kids and adults and the second edition of "Living in Panaga", a session focused on newcomers in Panaga sponsored and promoted by BSP staff.



Thamine M. Kilbride
Public Relations

As we can see, many renovations are ongoing around the Panaga camp lately and the Outpost Brunei-Seria team is observing and participating in the renovations of Lapanpuluh/Apartment 80. The lobby area now features a small playground for kids, and most apartment units have been updated with new furniture, appliances, and new bathrooms. The renovations are still in process and newcomer families are welcome to use LP as their temporary accommodation. Please, spread the good news to your friends who might be joining us in Brunei (photos on pages 4-5).

Wishing you a great month of April.

Minnie



Contact us:

Tel: +673 337 4927

Email: outpostbrunei@shell.com

URL: <http://seria.globaloutpostservices.com>

or: www.panagaclub.com/outpost

Facebook Group: Outpost Seria, Brunei

Or come visit!

Opening Hours:

Monday to Friday, 9 - 11 am

Please note: each Tuesday the office will be open for courses only.

Address:

Outpost Brunei - Seria
F12 Lapanpuluh A1
Panaga KB 3534



Meet & Greet Corner

Hello Panaga People

Welcome back from the holidays, trust you'll be all settled in, in no time!

In the usual Panaga fashion, there are exciting activities planned for the near future, so stay tuned to POP and keep your eyes and ears peeled for more information on these events.

Our Meet & Greet team members on duty for the month of April are: Sultan, Omo, Farah and Katrina. These ladies graciously welcome our new arrivals, never underestimating how warming it is, to see a friendly face in a new location.

Finally, please remember that your friendly, Outpost team is always on hand to offer support, local and non-contractual information to help you when needed, so pop into our offices during our working hours or send us an email. We are always happy to hear from you!

Warm Regards,

Titi Owoyemi
Meet & Greet Coordinator.



Titi Owoyemi
Meet & Greet
Coordinator



Meet & Greet team members : April



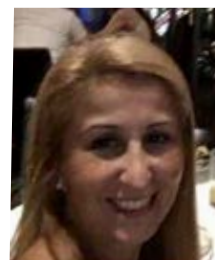
Farah



Omo



Katrina



Sultan



Lapaupuluh Update

Upgrades at Lapanpuluh

For the past few months some of the apartments at Lapanpuluh has undergone renovations and now the new and improved ones are taken in to use! Here's a sneak peek on what they look like in now!



Lapaupuluh Update



Book donations

There is a plan on creating a small library for the temporary residents. Do you have any books you no longer use/read? You can drop them at Outpost and we'll gladly deliver them to Lapaupuluh.

Outpost Vacancy



Vacancy:

The function of Events Coordinator of the Shell Outpost Brunei-Seria Team

Principal Accountabilities

- Organization of all Outpost Brunei-Seria events. However, see **note 1** below
- The maintenance of the Outpost Brunei-Seria events calendar
- Keeps up to date the list of host/hostess for lectures/workshops
- Facilitates all course necessities
- The maintenance of an event-module-book, containing guidelines for all events organized
- Facilitation of “thank-you-gifts” and “birthday gifts”: facilitates the gifts to thank course leaders
- Outpost Brunei- Seria office shift: once a week

Task Description in detail

- **Organization of Outpost events:** responsible for the organization of the Outpost Brunei-Seria events, except for the event for Newcomers (see note 1 below). He/she will attend Outpost Brunei-Seria events.
- **The maintenance of the Outpost event calendar:** create and update the Outpost Brunei-Seria events calendar. Communicate closely with our Outpost Secretary and Public Relations Team member to advertise the events.
- **List with names of volunteers:** maintain the list of volunteers able to give courses/lectures (host/hostess) at Outpost Brunei-Seria.
- **Course necessities/set-up:** facilitate and check equipment before a lecture/an event.
- **The maintenance of an Event-module-book:** follow guidelines to all the events organized by Outpost Brunei- Seria, keeping track of attendance, communicating with hostess/host on number of participants.
- **Facilitation of “Thank-you-gifts” and “Birthday gifts”:** coordinate “thank you” notes/gifts to course leaders and birthday gifts to office team members.
- **Outpost office shift:** at least one office-shift per week.

*We
are
hiring!*

Note 1: The Event Coordinator assists the Meet & Greet Coordinator with the events for new arrivals. The last one stays responsible for the organization of events and attendance.

This position is available on volunteer basis.

Potential candidates should send e-mail to outpostbrunei@shell.com with a small paragraph describing prior work experience.



Settling in Sessions

These informal information mornings are held every Wednesday morning, from 9:00 until 11:00am, at the Outpost office. They are designed to answer any questions regarding relocating to Brunei and settling into the community.

Please register at outpostbrunei@shell.com



Be a Guest Speaker at Outpost



Do you want to share your experience of setting up an on-line business? Do you want to help other expats build a portable career? Do you want to inspire others to follow their passions? Be our guest speaker!

Outpost is searching for guest speakers who could tell their stories of becoming an expat-preneur!

If you would like to be a guest speaker or know someone that would be interested in speaking with us, please contact outpostbrunei@shell.com or Ksenia Odintsova at ksenia.odintsova@gmail.com.



Notice Board



Volunteering in and around Brunei

Dear POP readers,

We would like to ask you to share your volunteering experiences in Brunei and the nearby countries: Where have you volunteered since moving here? How did you like it? Would you advise it to other expats?

Help your fellow expats find a good cause to support! Please send your replies to Outpost Seria at outpostbrunei@shell.com or to Ksenia Odintsova at ksenia.odintsova@gmail.com.

Outpost opening hours:

Visit us on Monday, Wednesday - Friday, 9 - 11 am

Please note: each Tuesday the office will be open for courses only.

Study or Work Space

Dear POP readers,

Are you currently working from home? Do you need a quiet working space away from your house? Which kind of requirements should it meet: Location? Working hours? Internet?

Outpost Seria would like to understand if there is a need for a designated study or work space. Currently the Outpost office is open for you on Friday mornings to come and work or study undisturbed.

Please, send your replies to Outpost Seria at outpostbrunei@shell.com or to Ksenia Odintsova at ksenia.odintsova@gmail.com.



CPR & AED class

On the 13th of March Outpost Brunei-Seria with the help of nurse Marie McCready hosted a course on how to deliver efficient and effective CPR as well as how to use an Automatic External Defibrillator (AED). Another course on this theme is coming up, if this sounds interesting!

A big thank you to Marie for sharing your skill and providing such important information to our community!



Snapshots

International Women's Day 2018 @KBBC

On March 8th International Women's Day was celebrated at KBBC. The event was held on initiative by Marion de Branbender in collaboration with a team of ladies from the Panaga community.. The event is a way to celebrate womankind and the importance of working for equal opportunities.



Snapshots



Language Classes

Language classes sponsored by Outpost

Held in the Outpost office,
Lapanpuluh 1 (A-B):

English

Hosted by Alvin

Day: Mondays

Time: 10:00-11:00am

Malay

Hosted by Adriana

Day: Tuesdays

Time: 9:30 - 10:30am Beginner
10:30 - 11:30am Intermediate

Spanish

Hosted by Carla and Yumaira

Day: Wednesdays & Thursdays

Time: 8.00 - 9.15 am

Very few spots left!

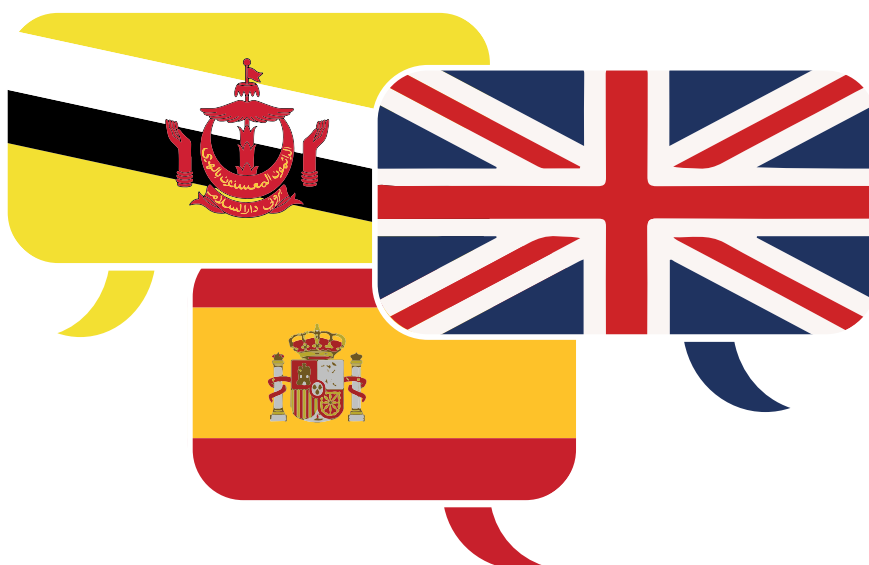
Held in the Annex room
at Panaga Club:

English for Amahs

Hosted by Alvin

Day: Friday Evening

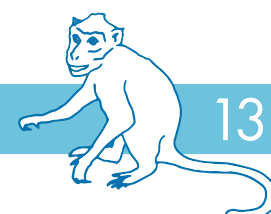
Time: 7:30 - 9:30pm



Brunei Public Calendar 2018

Date	Weekday	Holiday Name	Holiday Type
Jan 1	Monday	New Year's Day	
Feb 16	Friday	Chinese New Year	1st day of lunar month
Feb 17	Saturday	Chinese New Year Holiday	
Feb 23	Friday	National Day	Independence from the UK in 1984
Feb 24	Saturday	National Day Holiday	
Apr 16	Monday In lieu of Sat 14th	Israk and Mikraj	The Prophet's Night Journey and Ascension
May 17*	Thursday	Ramadan begins	
May 31	Thursday	Royal Brunei Armed Forces Day	RBAF formed 1961
Jun 4*	Monday In lieu of Sat 2nd	Nuzul Al-Quraan	Revelation of the Quran
Jun 15*	Friday	Hari Raya Aidil Fitri	End of Ramadan
Jun 18-19*	Mon-Tuesday In lieu of Sat 16 - Sun 17th	Hari Raya Aidil Fitri	
Jul 16	Monday In lieu of Sat Sun 15th	H.M. Sultan's Birthday Holiday	Commemorates the birthday of Sultan Hassanal Bolkiah in 1946
Aug 22*	Wednesday	Hari Raya Aidil Adha	Festival of the Sacrifice
Sep 11	Tuesday	Al-Hijra	Islamic New Year 1440
Nov 20	Tuesday	Maulud	Prophet Muhammad SAW's Birthday
Dec 25	Tuesday	Christmas Day	

* date may vary due to the lunar calendar



April Calendar

Outpost Calendar

Tuesday, April 17th

First Aid, AED and CPR course

Community Calendar

Tuesday, April 17th

Living in Panaga Session

Wednesday, April 18th

FUN Coffee morning with bowling

Saturday, April 21st

Progressive Dinner, by Brunei Brits

Saturday, April 21st

Beach Clean, organized by Panaga Sc

Friday, April 27th

Dutch Night at 49

Sunday, April 29th

Kinderfest

Saturday, May 5th

KBBC Fun Day at Panaga Beach

More information can be found
on the following pages and
on our Facebook page



Upcoming Event

First Aid, AED & CPR COURSE

Date: April 17th, 2018

Time: 8:30-11:00am

Location: Lapanpuluh – LOBBY AREA

Register via outpostbrunei@shell.com



Get CPR/AED – learn how to help when it's needed most. As part of our mission to train people how to respond to and prepare for emergencies.

You may not realize it, but the response time for first responders after 911 is called averages 8-12 minutes, and during sudden cardiac arrest – each minute that defibrillation is delayed reduces someone's chances of survival by approximately 10%.

Hosted by certified Nurse Marie McCready.

Sponsored by Outpost



Upcoming Event

Living in Panaga-sessions

COVERING:

- › PANAGA MEDICAL CENTRE
- › SECURITY ON CAMP
- › ROAD SAFETY



17th of April 2018

8.30 – 10.30am

Sessions will be held quarterly. Recent new joiners will receive an invite from BSP HR Services. A waiting list will be created for current Panaga residents who would like to join the meeting.

Contact outpostbrunei@shell.com for more information



Upcoming Event

Nederlandse Vereniging Brunei
presents

Royal Jungle

Dutch Night
27 April 2018 8pm - 1am

Kinderfeest
29 April 2018 10am - 12pm

@49

www.panagclub.com/dutchnight
Online tickets sale



Upcoming Event



BOWLING 
Coffee Morning

18th April 2018
Wednesday
10:00am - 12:00pm
Grand Seria Bowling Centre



Ticket/ details through Panaga Club website OR
panagafunclub@gmail.com [Whatsapp #: 7157519]
\$10; Cost included: light meals + BOWL +Trophy + lots of 



Upcoming Event

FUN DAY @ PANAGA BEACH
SAVE THE DATE: SATURDAY MAY 5 2018
9 AM – 2 PM

Banana boat

Waterski

Wakeboard

- KBBC MERCHANDISE
- LIVE MUSIC
- CATERING

MORE BEACH & WATER ACTIVITIES:

- PARENT-KID SAILING
- WINDSURFING - KITE SURFING - WAVE SURFING
- BODY BOARDING
- STAND UP PADDLING - KAYAKING

Power boating

Dinghy sailing & Donut rides

Emergency Numbers

Government Hot lines (24Hrs)

Ambulance:	991
Police:	993
Fire & Rescue:	995
Search & Rescue:	998

BSP Emergency Contact Numbers

BSP Emergency:	337 2999
BSP HQ Security (24Hrs):	337 4292
or	337 4296
BSP HSE Duty Security:	873 0905
or	872 1041

Medical & Health Services

Ambulance (24Hrs):	337 2200
PHC Reception (Office Hours):	337 2306
or	337 2709
Dental Clinic (Office Hours):	377 2540
Animal And Vector Control (24Hrs):	872 3006

Power & Amenities (24Hrs)

General Building /Civil /Cooker:	875 6953
Air Cond/Fridge:	871 0714
Electrical:	877 3832
Estate (Tree Cutting):	871 0492
Smoke Detector:	872 0547
External Sewerage:	873 0095

Housing and Services (24Hrs)

Housing:	873 3670
Camp Services:	874 2034



Panaga Health Centre

Panaga Health Centre Out Patient Department

Service hours

Monday to Thursday **7.00 am - 12.00 pm**
 1.00 pm - 4.00 pm

Friday **7.00 am - 12.00 pm**
 2.00 pm - 4.00 pm

Registration to see doctor

Monday to Thursday **7.00 am - 9.00 am**
 9.30 am - 11.00 am
 1.00 pm - 3.00 pm

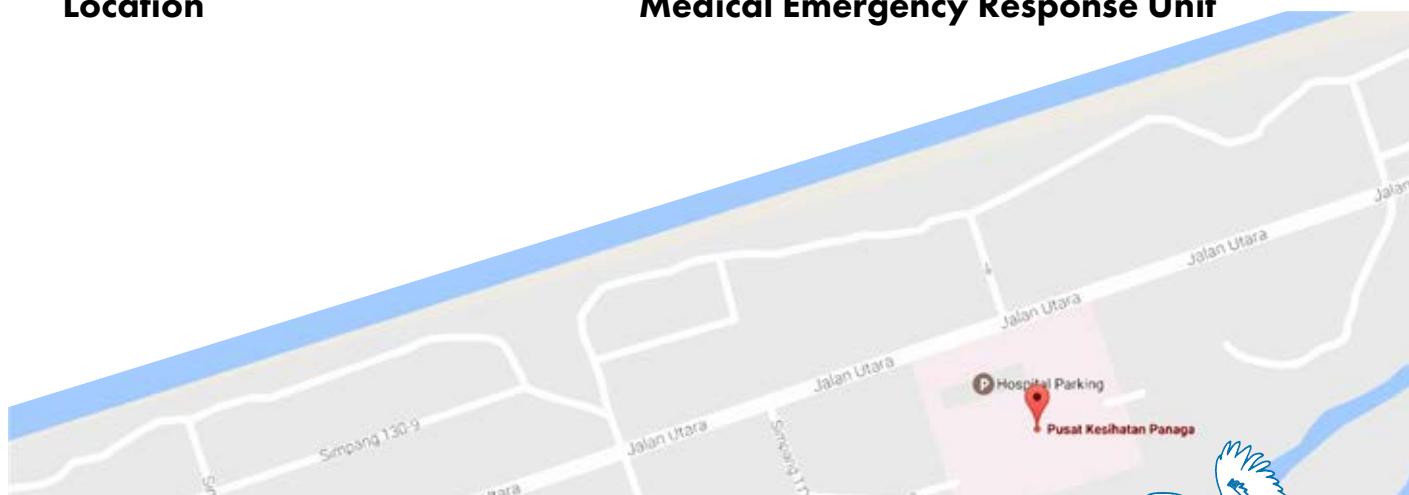
Friday **7.00 am - 11.30 am**
 2.00 pm - 3.30 pm

Extended Hours Clinic

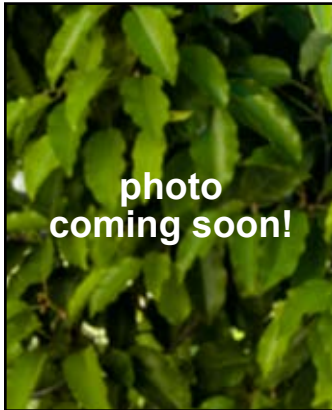
Monday to Friday **7.30 pm to 8.30 pm**
Location **Medical Emergency Response Unit**

Saturdays **9.00 am to 10.00 am**
Location **Outpatient Clinic**

Sundays and public holidays **9.00 am to 10.00 am**
Location **Medical Emergency Response Unit**



Outpost Team Seria 2018



--
Focal Point



Thamine M. Kilbride
Public Relations



Christina Suglia
Treasurer



Snehal Tiwari
Relocations Advisor



Anna Ross
Secretary



Titi Owoyemi
Meet and Greet
Coordinator



Ksenia Odintsova
Career Development
Advisor



**Mas Azny Suhana
Mohamad**
Event Coordinator



Annika Cederberg
POP Editor



Cyrielle Soso
Project Manager



Alvin Machia
Webmaster



Mr. Outpost
Online Promoter