

Panaga Outpost Pages Seria, Brunei Darussalam

Highlights:

> Hornbill Day 2018 with photo competition

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- > First "Living in Panaga" session completed
- Outpost Vacancy your chance to join our team!

in the February 2018 issue:

Welcome to Outpost	2	Brunei Public Calendar	18
Meet & Greet Corner	3	February/March Calendar	19
Living in Panaga	4-5	Upcoming Events	20-23
Hornbill Day 2018	6-8	Emergency Numbers	24
Outpost Vacancy	9	Panaga Health Centre	25
Snapshots	10-13	Outpost Team Seria 2018	26
Notice Board	14-17		

contact us on: outpostbrunei@shell.com





Welcome to Outpost

About Outpost Seria

Outpost is an information hub for expatriate families in all stages of their posting.

We provide services such as:

- Meet and Greet for Newcomers
- Networking Events including coffee mornings and boat trips
- Workshops such as CV Writing, First Aid, How to prepare your move, Wildlife in Panaga, Third culture kids
- Weekly conversational English and Malay classes

...and much more.

Don't forget to check our Facebook page –Outpost Seria, Brunei– for up to date information.

Contact us:

Tel: +673 337 4927
Email: outpostbrunei@shell.com
URL: http://seria.globaloutpostservices.com
or: www.panagaclub.com/outpost
Facebook Group: Outpost Seria, Brunei

Or come visit!

Opening Hours:
Monday to Friday, 9 - 11 am
Please note: each Tuesday the office
will be open for courses only.

Address:

Outpost Brunei - Seria F12 Lapanpuluh A1 Panaga KB 3534

Dear "POP" readers,

Welcome back! I hope that you had a good break and a great holiday season.

January started in full speed and for the ones who don't know me, my name is Thamine Kilbride and I am the Public Relations person for Outpost-Brunei, Seria. At the moment, I am also acting as the Deputy Focal Point. Since I am talking job positions, I would like to inform that the Outpost-Brunei,



Thamine M.Kilbride
Public Relations
Deputy Focal Point

Seria team has a vacancy for the Focal Point position at the moment. A full description of this position can be found on page 9 and on the Panaga club notice board. If you are interested, please send a small paragraph with your work experience to outpostbrunei@shell.com and I will invite you for a chat.

A couple events already took place this month. The "Living In Panaga" sessions went live on January 16th. They will happen quarterly and focuses on newcomers covering topics such as safety, medical and security in order to provide new expats an overview of "do's and don'ts" of living in the Panaga camp (page 4-5).

We added a new event to our calendar this year - a series of cooking classes was launched and have had a great response from the Panaga community. Stay tuned for our next class in this series. A sequence of lectures/courses will continue over the next months, including, "Adults First Aid", "Drawing for beginners" and "Resume Writing". Keep an eye out in our weekly updates for more information!

For the newcomers (in Brunei for six months or less), I would like to invite you all to the next Information Morning on February 22nd at House 49. If you have a question and are not sure who might have the answer, please come and visit us. Outpost also provides services for families leaving Brunei. Our departure check-list can help you to organize yourself and keep track of things prior to your move.

So far 2018 is promising to be a very busy year for our team and I hope you join us on this adventure of living abroad, enjoying every opportunity and making the best out of it!

An excellent 2018 to all of you! Kind Wishes, Thamine (Minnie) on behalf of the Outpost Seria team





Meet & Greet Corner

Hello Panaga People

Happy new year and welcome to the first POP edition of 2018!

In true Panaga fashion, the year is set to be one filled with exciting activities and we can't wait!

As usual, we will be highlighting our Meet & Greet team members on duty for the month of February: Forum, Christina, Mas, Farah and Omo. These ladies graciously welcome our new arrivals, never underestimating how warming it is, to see a friendly face in a new location.



Titi Owoyemi Meet & Greet Coordinator

Do remember that your friendly Outpost team is always on hand to offer support and local information to help you when needed, so pop into our offices during our working hours or send us an email. We are always happy to hear from you!

Warm Regards,

Titi Owoyemi Meet & Greet Coordinator

Meet & Greet team members: February



Forum



Christina



Omo



Farah



Mas



Living in Panaga

"Living in Panaga" goes live!

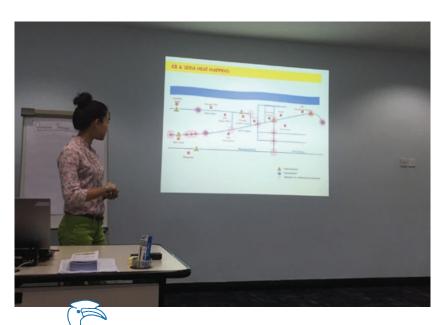
A team consisting of BSP employees and Outpost advisors created "Living In Panaga" sessions, with a purpose to inform newcomers in Brunei about living on the Panaga camp.

The first session took place on 17 January at the library of the Panaga Health Centre. It was facilitated by BSP representatives from the Medical, Security and Safety departments who gave presentations and answered questions from the participants. Some of the topics they covered were:

- > Electricity and fire safety in Panaga camp houses
- Road safety and what to watch out for on the roads in Brunei
- Security on camp a hot topic, which sparked a good conversation!
- Medical services at the Panaga Health Centre, government and private hospitals

A representative from HR Services gave a presentation about the Bruneian culture and covered topics such as:

- indigenous tribes in Brunei
- > the do's and don'ts during the Ramadhan
- what to observe when hosting a private party and going to Government and public offices









Living in Panaga



The presentations led to many questions and a lively dialogue. The team received an excellent feedback and is looking forward to further developing the materials and onboarding those who are new to the Panaga camp.

The next session is scheduled for 17 April and is open to all new employees who start living on the camp, including their spouses. All Panaga camp newcomers will receive an invite from BSP/BLNG – HR and are strongly encouraged to attend. If you are not new to the Panaga camp but would still like to attend the session, please check the Outpost board at the Panaga club to find out how to register.







Hornbill Day 2018

Panaga Natural History Society And Bsp Celebrate

Brunei Wildlife with Hornbill Day 2018

By Dr Anna Coyajee – van Rietschoten on behalf of PNHS and CEA Dept. BSP

It has been 10 years since the first Oriental Pied Hornbill chicks hatched from the nest boxes placed around Panaga camp by Brunei Shell Petroleum Company Sdn Bhd (BSP) and Panaga Natural History Society (PNHS). On this special occasion, PNHS and Panaga Photographic Society (PPS) with the support of BSP commemorated this milestone by celebrating Brunei wildlife with Hornbill Day 2018 at Dr Ceri Powell's, BSP Managing Director's residence on the evening of January 26.

Additional events supporting this evening included a Photographic Competition, a series of activities at local schools and the opportunity to sponsor and build your own Hornbill nest box.

Attending the event was our Guest of Honour Dr Haji Abdul Manaf bin Haji Metussin, Permanent Secretary at the Ministry of Primary Resources and Trade, also attending was Senior Bruneian government officials, BSP leaders, Principals, Teachers, Biodiversity &

Natural History Society (BruWILD) and winners of the Photographic Competition.

Our Guest Speaker Mr. Hans Dols, Honorary Chairman of the PNHS presented a keynote speech entitled "Black Beauties of Panaga" which highlights and celebrates 10 years of nest box conservation in Panaga and an historical look at the natural environment in Brunei.

"Hornbills have always had a magical appeal. Long ago, the Iban people gave them a place in religious rituals, it is easy to forget that a colony of endangered Hornbills on our doorstep is truly unique." shared Mr. Hans Dols.





Event Organizers: Steve Brown (chair PNHS) Aran Testa, Anna Coyajee-van Rietschoten (initiator of the event), Vanessa Burton and Dean Golding (treasurer)





Hornbill Day 2018



The Panaga Natural History Society is a group of people interested in nature. PNHS aims to promote interest in natural history and share knowledge of the natural environment, its flora and fauna in Panaga and around Brunei.

Visit <u>www.panagaclub.com/PNHS</u> for more information!

Photo Competition

Nearly 300 photographs were received by PNHS, in three categories

- > Hornbills in Brunei
- > Wildlife in Brunei
- Landscape in Brunei

The Guest of Honour presented prizes to the six winners of which these images will be exhibited throughout Brunei, and potentially feature in other types of media, with the aim of celebrating Brunei's wildlife.

PNHS's successful Hornbill nest box conservation work will be enlivened by a new generation of nest boxes being erected throughout Panaga. The Honorary Chairman of PNHS will present the new nest boxes with a ribbon cutting ceremony.

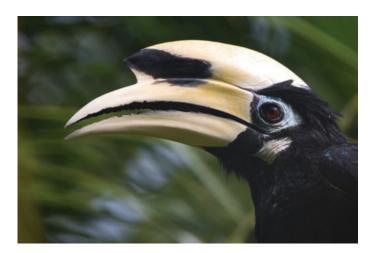
The evening ended with a visual celebration of Brunei wildlife, presented by the PNHS Hornbill expert and initiator of the event, Dr Anna Coyajee – van Rietschoten.

A People's Choice Award for the best photograph of the evening was announced and awarded by the host of the evening, Dr Ceri Powell to complete the evening.

Photo Competition winners category 1: Hornbills of Brunei



1st prizePhotographer: Tina Graham
Title: *Oriental Pied Hornbill (male)*



2nd prizePhotographer: Marloes Stigborg
Title: *Oriental Pied Hornbill (male)*



Horubill Day 2018

Photo Competition winners category 2: Wildlife of Brunei



1st prize

Photographer: Alishahrin Hj Mumin Title: *A baby Agamid Lizard (Calotes Versicolor) peeping*

through "Simpur" leaf



2nd prize

Photographer: Dr. Ravinarayana C S

Title: Blue-throated bee-eater (Meropis Viridis)

Photo Competition winners category 3: Landscape of Brunei

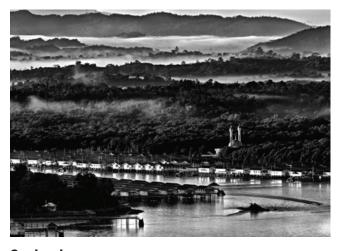


1st prize

Photographer: Pg Sulaiman Pg Anom

Title: Sceniz atmosphere taman Rekreasi Hiutan Simpan

Luagan Lalak in the morning



2nd prize

Photographer: Pg. Hj. Sulaiman Bin Pg. Md. Salleh Title: Tanah Air Ku (My Village). Overlooking view of Kampong Ayer in the morning. Modern version of Kg Ayer houses in the new settlement area with the rainforest in the background.

Do you want to know more about Panaga National History Society (PNHS)? Contact pnhs.brunei@gmail.com if you are interested in signing up for the newsletter! PNHS are always looking for volunteers to help on projects.





Outpost Vacaucy

Vacancy:

The function of Focal Point of the Shell Outpost Brunei-Seria Team;

About Shell Outpost Brunei-Seria:

Shell Outpost offers a unique service to provide support to Shell employees and their families facing the challenges of global mobility.

The Outpost Network of expatriate partners ensures that current up to date and accurate information is exchanged to support Shell families on the move or on repatriation.

The Outpost Team provides professional information – in addition to HR services – on most aspect of living abroad, in specific locations where Shell operates. These services include "welcoming and settling-in support", "career and personal development for partners" and many other aspects of living in one of our locations. Each Outpost location develops a personal, confidential relationship with their Shell clients.

Tasks & Duties of the Focal Point:

We happily discuss the tasks and duties involved with any interested candidate for the position of Focal Point. Please email Thamine Kilbride via: outpostbrunei@shell.com

New: The Focal Point will now receive <u>a monthly reimbursement</u> for the hours worked. These working hours will be evaluated by Global Outpost Services together with the local HR Focal Point.

Special Requirements:

- Enthusiasm and commitment.
- Excellent communication skills.
- Preferably a member of the expatriate community.
- Leadership qualities with the ability to create good team spirit.
- Honesty, integrity and total confidentiality in dealing with clients and in all aspects of the Outpost activities.
- Ability to work independently.
- Ability to read, write and speak English fluently.
- Computer literate (Internet, Outlook, Word, Excel and Power Point)

(The new Focal Point will receive the on-boarding programme with her/his GOS Advisor, including completion of the compulsory training in using the Global website and Global database).

Please apply for this function by emailing to: outpostbrunei@shell.com



Suapshots

Cooking Classes

On the 24th of January this new series of Outpost events had its premier! Hosted and taught by Sucheta Singh Guleria this evening the theme was Indian cuisine. Due to large interest from the community the class was repeated the day after with another entuhusastic group. We are so happy so many in the community wanted to share this experience. Thank you so much Sucheta for your hospitality and expertice!











Suapshots

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We are hoping to be able to offer more of these classes in the futere, so keep an eye on our weekly updates and here in POP if this is something for you.

If your cooking skills are good and you would like to host a cooking class yourself, please contact us!





Suapshots

Makers Market

A big thank you on behalf of the vendors and organisers of Makers Market 2018. We appreciate your presence and support to the Makers and Sellers of our community!











Suapshots

Photos cortesy of levgeniia Ficarra















Settling in Sessions

These informal information mornings are held every Wednesday morning, from 9:00 until 11:00am, at the Outpost office. They are designed to answer any questions regarding relocating to Brunei and settling into the community.

Please register at <u>outpostbrunei@shell.com</u>







Be a Guest Speaker at Outpost

Do you want to share your experience of setting up an on-line business? Do you want to help other expats build a portable career? Do you want to inspire others to follow their passions? Be our guest speaker!

Outpost is searching for guest speakers who could tell their stories of becoming an expatpreneur!

If you would like to be a guest speaker or know someone that would be interested in speaking with us, please contact outpostbrunei@shell.com or Ksenia Odintsova at ksenia.odintsova@gmail.com.





Important message

Please make sure to follow the speed limits when driving: In residential areas in Panaga the speed limit is 20 km/h. Make sure to drive carefully and keep our community a safe place for everyone!

Be safe!

We at Outpost have extended our opening hours!
Visit us on Monday, Wednesday - Friday, 9 - 11 am
Please note: each Tuesday the office will be open for courses only.

Study or Work Space

Dear POP readers.

Are you currently working from home? Do you need a quiet working space away from your house? Which kind of requirements should it meet: Location? Working hours? Internet?

Outpost Seria would like to understand if there is a need for a designated study or work space. Currently the Outpost office is open for you on Friday mornings to come and work or study undisturbed.

Please, send you replies to Outpost Seria at outpostbrunei@shell.com or to Ksenia Odintsova at ksenia.odintsova@gmail.com.







Reminder from Panaga Club:

Please make sure that infants and toddlers wear swim-nappies when using the Panaga swimming pool.



Is there something you would like to learn with Outpost?

Email us! outpostbrunei@shell.com



Volunteering in and around Brunei

Dear POP readers.

We would like to ask you to share your volunteering experiences in Brunei and the nearby countries: Where have you volunteered since moving here? How did you like it? Would you advise it to other expats?

Help your fellow expats find a good cause to support! Please send you replies to Outpost Seria at outpostbrunei@shell.com or to Ksenia Odintsova at ksenia.odintsova@gmail.com.





Language classes sponsored by Outpost

Held in the Outpost office, Lapanpuluh 1 (A-B):

English

Hosted by Alvin

Day: **Mondays**

Time: 10:00-11:00am

Malay

Hosted by Adriana Tuesdays Day:

Time: 9:30 - 10:30am Beginner

10:30 - 11:30am Intermediate

Spanish

Hosted by Carla and Yumaira

Wednesdays & Thursdays

Time: 8.00 - 9.15 am

Very few spots left!

Held in the Annex room at Panaga Club:

English for Amahs

Hosted by Alvin

Day: **Friday Evening** Time 7:30 - 9:30pm





Brunei Public Calendar

Bruuei 2018

Date	Weekday	Holiday Name	Holiday Type
Jan 1	Monday	New Year's Day	
Feb 16	Friday	Chinese New Year	1st day of lunar month
Feb 17	Saturday	Chinese New Year Holiday	
Feb 23	Friday	National Day	Independence from the UK in 1984
Feb 24	Saturday	National Day Holiday	
Apr 16	Monday In lieu of Sat 14th	Israk and Mikraj	The Prophet's Night Journey and Ascension
May 17*	Thursday	Ramadan begins	
May 31	Thursday	Royal Brunei Armed Forces Day	RBAF formed 1961
Jun 4*	Monday In lieu of Sat 2nd	Nuzul Al-Quraan	Revelation of the Quran
Jun 15*	Friday	Hari Raya Aidil Fitri	End of Ramadan
Jun 18-19*	Mon-Tuesday In lieu of Sat 16 - Sun 17th	Hari Raya Aidil Fitri	
Jul 16	Monday In lieu of Sat Sun 15th	H.M. Sultan's Birthday Holiday	Commemorates the birthday of Sultan Hassanal Bolkiah in 1946
Aug 22*	Wednesday	Hari Raya Aidil Adha	Festival of the Sacrifice
Sep 11	Tuesday	Al-Hijra	Islamic New Year 1440
Nov 20	Tuesday	Maulud	Prophet Muhammad SAW's Birthday
Dec 25	Tuesday	Christmas Day	

^{*} date may vary due to the lunar calendar





February March Calendar

Outpost Calendar

Tuesday, February 13th Tuesday, February 13th Tuesday, March 6th Tuesday, March 13th Wednesday, March 21st Drawing for beginners
Cooking Class, Thai cuisine
First Aid course - focusing on Children
CPR and AED course
Interview workshop

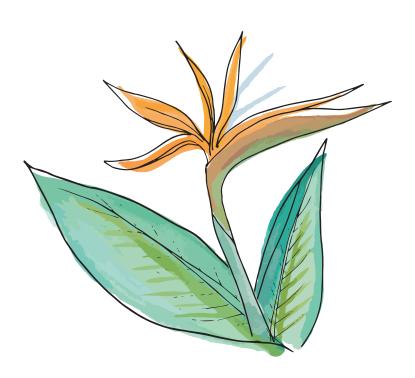
Community Calendar

Wednesday, February 7th Saturday, March 3rd

Chinese New Year Coffee Morning Festival @49, by Brunei Brits

Coming up

Date to be announced Date to be announced Fire Fighting Course
General Advises on Monkey Encounters



More information can be found on the following pages and on our Facebook page



Upcoming Event

Sketching & Drawing for beginners

Are you interested in arts but haven't really been drawing that much before? Or do you just want to spend a few hours with a bunch of nice people while learning something new? Then this half-day drawing workshop is for you!

The class will focus on pencil drawing and sketching still life. We will go through a few basic concepts such as composition and shading.

Hosted by Annika Cederberg, architect and designer.

For adults only. No need for previous skills!

Day: Tuesday, February 13th

Time: 1:30 - 3.00pm

Place: Outpost Office, Lapanpuluh 1 A-B

Registration via outpostbrunei@shell.com by Thursday, February 8th

sponsored by Outpost





Upcoming Event



INTERVIEW WORKSHOP

Date: Wednesday, March 21

Time: 9.30 - 11.00

Place: Outpost office, Lapanpuluh 1 A-B

Are you going for your first interview in ages? Come along to our interview workshop to brush up your technique and practise getting your skills across.

To register email **outpostbrunei@shell.com** by Monday, March 19

Sponsored by Outpost





Upcoming Event





Upcoming Event

SAVE THE DATE: FESTIVAL@49

3rd March 2018 By The Brunei Brits

Back again by popular demand, the Brunei Brits' most popular event ever is back! The Brits team have been working tirelessly in pulling together this year's event. If you haven't been to our amazing music festival before, check out the Brunei Brits Facebook page for photos of previous shenanigans and see below for details of what's in store this year.

Festival@49 will have two sessions in the afternoon and evening to ensure fun for all the family!

AFTERNOON 2:30-5:30pm (FAMILY EVENT): FREE and Open to Everyone. Be there and (even better) help make it perfect (see below). Carnival Activities – Live Music & Performances - Food Stalls – Arts & Crafts Stalls – Bouncy Castle – Face Painting

EVENING 8pm – LATE (ADULTS ONLY): We'll soon be selling tickets via the Panaga Club website, so watch this space! Bands – DJs – Dancing – Grown-Up Face Paints – Food – Drink – Carnival Games – Shuttle Taxis to KB and Seria from 10.30pm till close.

We'll have the most up to date info on our facebook page: https://www.facebook.com/groups/BruneiBrits/

No tickets are required for the afternoon event – just show up! Games passports for 20 activities (inc refreshments) is on sale at the event for only \$10, or you can come and enjoy all of the musical performances for free! Tickets for the adults-only evening event will be available soon through the Panaga Website.

If you have any questions, email us! BruneiBritsFestival@gmail.com

Getting the Show on the Road... Extra Hands Needed The more volunteers the merrier... we're such a fun crew. Come and join us! If you'd like to join us and get involved in Festival @ 49 or any other Brunei Brits activities, please get in touch.

Issue 1 2018, February



Emergency Numbers

Emergency Contact Numbers

9	
Ambulance:	. 991
Fire Brigade:	. 995
Police:	. 993
Medical Emergency Hot-line	. 337 2200
Panaga Health Emergency:	. 337 2999
Panaga Health Appointment:	. 337 2306
Removal of Pests:	. 872 3006
Shell Security (Emergency):	. 337 2999
24 hours Security	. 337 4292
or	. 337 4296
BSP HSE Duty Security	
or	. 873 0905



why not hang these on your fridge for easy access?



Pauaga Health Centre

Panaga Health Centre Out Patient Department

Service hours

Monday to Thursday 7.00 am - 12.00 pm

1.00 pm - 4.00 pm

Friday 7.00 am - 12.00 pm

2.00 pm - 4.00 pm

Registration to see doctor

Monday to Thursday 7.00 am - 9.00 am

9.30 am - 11.00 am 1.00 pm - 3.00 pm

7.00 am - 11.30 am

2.00 pm - 3.30 pm

Extended Hours Clinic

Monday to Friday 7.30 pm to 8.30 pm

Location Medical Emergency Response Unit

Saturdays 9.00 am to 10.00 am Location Outpatient Clinic

Sundays and public holidays 9.00 am to 10.00 am

Location Medical Emergency Response Unit

PHospital Parking



Outpost Team Seria 2018



To be announcedFocal Point



Thamine M.KilbridePublic Relations
Deputy Focal Point



Christina Suglia Treasurer



Snehal TiwariRelocations Advisor



To be announced Secretary



Titi OwoyemiMeet and Greet
Coordinator



Ksenia OdintsovaCareer Development
Advisor



Mas Azny Suhana Mohamad Event Coordinator



Annika CederbergPOP Editor



Cyrielle SossoProject Manager



Alvin MachiaWebmaster



Mr. OutpostOnline Promoter

